

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

# February 2025

## COUNTRYSIDE HEALTH CARE CENTER



						<p>8:15 Morning Greeting 9-11:30 Ladies Hand Spa 100 Unit Room to Room w/ Gail</p> <p>1:30 Bingo Hour with Gail in the Dining Room</p>
<p>8:30 Morning Greeting 9:00 Mass on TV 9-11:30 Hand Spa 200 Unit w/ Maria Room to Room</p> <p>1:45 Social Hour &amp; Refreshments in the Dining Room w/ Maria</p> <p>Groundhog Day</p>	<p>8:00 Morning Greeting 10:30 Gentle Stretch with Sandy</p> <p>1:45 Massachusetts Day Travel &amp; Toll House Cookies w/ Gail in the Activity Room</p>	<p>8:00 Morning Greeting 8:30 For Men Only Visits/ Smith 10-11:30 Bingo in the Activity Room</p> <p>1:45 Bingo-cise in the Activity Room</p>	<p>8:00 Morning Greeting 8:30-9:30 TLC Visits 200 Unit 10-11 For Men Only Coffee Hour Country Kitchen 10:30 Gentle Stretch w/ Gail</p> <p>1:45 Happy Hour &amp; Winter Trivia in the Dining Room</p>	<p>8:00 Morning Greeting 9:30-11:30 Hand Spa on Rehab 10:30 Gentle Stretch with Sandy</p> <p>1:45 Jeopardy with Gail in the Activity Room</p>	<p>7:45 Morning Greeting 8:30-9:30 TLC Visits 100 Unit 10:30 Gentle Stretch with Maria 11 Mini Word Game</p> <p>1:45 Valentine Wood Craft w/ Maria, For 14, Please sign up</p>	<p>8:15 Morning Greeting 9:30- TLC Visits Rehab 10:30 Fairy Tale Zen Doodle And Hot Cocoa in Act. Room</p> <p>1:45 Bingo with Maria in the Dining Room</p>
<p>8:15 Morning Greeting 9:00 Mass on TV 10:30 Communion Service w/ St. Mary's of Milford 11 Easy Listening Hymn Music</p> <p>1:30 Sunday Afternoon at the Movies &amp; Concessions</p>	<p>7:45 Morning Greeting 8:30 For Men Only Visits on Smith 10:30 Gentle Stretch 11 Mini Word Game</p> <p>1:45 Bingo with Maria in the Dining Room</p>	<p>8:00 Morning Greeting 9:30 TLC Visits Smith 200 Unit 10:30 Gentle Stretch w/Gail</p> <p>1:45 Bridge-o with Gail in the Dining Room</p>	<p>8:00 Morning Greeting 8:30 TLC Visits 100 Unit 9:30 -11Hand Spa Rehab 9:45 Word Games in the Activity Room 10:30 Stretch w/ Maria 1:45 February Birthday &amp; Valentine Entertainment &amp; Treats with David Polansky</p> <p>Tu B'Shevat Begins</p>	<p>8:00 Morning Greeting 8:30 Rehab Visits 9:45-11 Coffee &amp; Bagels in the Activity Room</p> <p>1:45 Bingo in the Dining Room, Special Valentine Prizes!!!</p>	<p>Please Wear pink or red</p> <p>8:00 Morning Greeting 8:30 For Men Only Visits 10:00 Strolling Violinist Maria Abramo to Smith &amp; Pighetti 1:45 PM Valentine's Ceramic Craft w/ Maria for 14 Please sign up</p> <p>Valentine's Day</p>	<p>8:00 Morning Greeting 10:30 Entertainment with "Pure Fun" in Act. Room</p> <p>1:45 LCR with Gail in the Activity Room</p>
<p>8:00 Morning Greeting 9:00 Mass on TV 10:00 Coffee &amp; News Update in the Activity Room w/ Gail</p> <p>1:45 Recipe Swap Social and Discussion with Gail</p>	<p>8:15 Morning Greeting 9:30-10 Visits on Rehab 10:30 Gentle Stretch w/ Maria 11 Easy Listening Music</p> <p>1:30 -3:40 Movie Presentation "The American President" w/ Martin Sheen, Annette Benning and Michael Douglas</p> <p>Presidents' Day (U.S.)</p>	<p>8:15 Morning Greeting 9:00 Second Cup Beverage Cart on Rehab w/ Gail 10:30 Morning Stretch w/ Maria 11 Mini Word Game</p> <p>1:45 Cocoa &amp; Zen Doodle in Act. Room w/ Maria 1:45-3 Pet Visits w/ Sandy 1:45 Bingo in the Dining Room with Gail</p>	<p>8:00 Morning Greeting 10:15 For Men Only Visits w/Gail 10:30 Gentle Stretch w/Sandy</p> <p>1:45 Progressive Dice Game with Gail in the Dining Room</p>	<p>Sidney Portier Day</p> <p>8:00 Morning Greeting 8:30 TLC Visits for Men on Rehab 9:30 TLC Visits for Men on Smith 10:30 Gentle Stretch w/ Sandy 11:45 Diners Club in the Activity Room for 15 Sign Up Required/Rosa's 1:45 "Guess Who is Coming to Dinner" Movie &amp; Concessions</p>	<p>7:45 Morning Greeting 8:00 Rehab Visits 10:00 Coffee, Conversation &amp; Short Stories in Activity Room</p> <p>1:45 LCR with Gail in the Activity Room</p>	<p>8:15 Morning Greeting 9:30 Visits Rehab 10:30 Gentle Stretch 11 Easy Listening Music</p> <p>1:45 Bingo in the Dining Room w/ Maria</p>
<p>8:15 Morning Greeting 9:00 Mass on TV 10:30 Communion Service w/St. Mary's of Milford 11:00 Easy Listening Hymnal Music</p> <p>1:45 Bingo with Maria in the Activity Room</p>	<p>8:00 Morning Greeting 9:30 Hand Spa Rehab 10:30 Resident Council Meeting in the Act Room</p> <p>2 PM Catholic Mass w/ St. Mary's of Milford</p>	<p>8:00 Morning Greeting 8:30 Rehab Visits 10:00 Bingo in the Activity Room</p> <p>1:30 For Men Only Visits Smith 1:45 Readers Digest Day! Stories &amp; Laughter is the Best Medicine w/ Gail in the Dining Room</p>	<p>8:00 Morning Greeting 8:30 Rehab Visits 10:30 Entertainer Alexandria Connelly in the Act. Room</p> <p>1:45 Happy Hour &amp; Trivia in the Dining Room</p>	<p>8:00 Morning Greeting 8:30 Rehab Visits 9:45-11:30 Baking Group in the Activity Room</p> <p>1:45 Social Hour &amp; Treats Made at Baking Group in the Dining Room</p>	<p>7:45-11:00 Morning Greetings and Distribution of March Calendars to Smith &amp; Rehab Units 10:30 Gentle Stretch w/ Sandy</p> <p>1:45 Winter Word in a Word Challenge with Maria</p> <p>Ramadan Begins</p>	

• Calendar is Subject to Change \* Ombudsman Angel Serrano 508-852-5539 \* Always Available Supplies/Country Kitchen, please ask staff for assistance